



LA GRANDE ORANGE HOMEMADE ENGLISH MUFFINS



La Grande Orange Commuter Sandwich

- 1 LGO English Muffin, cut in half & toasted
- 1 Tbsp. homemade mayonnaise
- 3 eggs, cracked and beaten
- 1 Tbsp. butter
- 2 slices of tomato
- Your choice of Meat
 - 4 slices bacon
 - 2 oz. thinly sliced ham
 - Quarter of an avocado (sliced)
 - 2 oz. Shaved Smoked Salmon
- Freshly ground pepper and salt

1. Toast a La Grande Orange English muffin until golden brown and crunchy on the inside.

2. In a sauté pan place butter, a pinch of salt, and eggs. Cook eggs in the style of an omelet, bring them from the outside into the center, until set and then flip. Do not scramble the eggs.

3. Spread 1/2 of the mayo on each inside of the English muffin.

4. On the top of the sandwich place the meat. Place tomatoes on top of the meat and season with salt and pepper.

5. On the bottom half of the sandwich place the cooked eggs.

6. Put two halves together, cut in half, and hold together with toothpicks. Enjoy!